

Ethics and Newcomer Health

*Timothy Holland, Medical Lead & Family Physician, Newcomer Health Clinic
Halifax. Head, Department of Bioethics, Dalhousie University.*

The following discussion questions are provided as an additional educational tool to accompany this fireside chat video. Please feel free to select the questions that are most relevant to your committee or group, revise and adapt them as needed, etc. As always, we welcome feedback on this or any other NSHEN resource.

Questions:

- What stood out the most to you in the discussion about newcomer health?
- Were there any of the challenges highlighted by Dr. Holland that surprised you?
- Obtaining consent from newcomers for involvement of learners and/or consent from newcomers to participation in medical teaching is mentioned as a challenge. Discuss different approaches that health care providers and students can take to prevent coercion (including unintentional coercion) when approaching newcomers about involvement of trainees in their care.
- Can you give some examples of how health care providers may unintentionally contribute to reinforcing systemic discrimination for newcomers to Canada?
- How might learners in the health professions help remove some of the systemic barriers to health care encountered by newcomers?
- Dr. Holland gives examples of structures in the health care system that contribute to inequity in access to health care for newcomers (i.e. registration process, signage etc.).
 - What are some of the smaller scale systemic changes that could be implemented to help make health care more accessible for newcomers in this province?
 - What larger scale systemic shifts also need to occur?

Resources

Antonipillai, V., A. Baumann, A. Hunter, O. Wahoush, T. O'Shea (2018) Health Inequity and "Restoring Fairness" Through the Canadian Refugee Health Policy Reforms: A Literature Review. *Journal of Immigrant and Minority Health*; 20:203-213 (2018) <https://link.springer.com/article/10.1007/s10903-016-0486-z>

Caulford, P., and S. Rahunathan (2019): Caring for Refugees, New Immigrants, and Uninsured Women: Social Responsibility and Access to Healthcare. In d'Agincourt-Canning, L. and C. Ells: *Ethical Issues in Women's Healthcare Practice and Policy*, Oxford University Press, 2019. <https://www.healthequity.ca/EthicalIssuesinWomenHealthcare.pdf>

Lane, G. and H. Vatanparast (2022) Adjusting the Canadian Healthcare System to Meet Newcomer Needs. *Int J Environ Res Public Health*; 2022, 19(7), 3752; <https://doi.org/10.3390/ijerph19073752>
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8997438/>

Wagner, C. (2020). Are we providing ethical health care to new residents of Canada? *The Canadian Journal of Physician Assistants*; Vol 2(6)2020: <https://doi.org/10.5203/jcanpa.v2i6.882>

Websites:

- Canadian Collaboration for Immigrant and Refugee Health: https://ccirhken.ca/ccirh_main/
- Canadian Medical Association Journal: Refugee Health <https://www.cmaj.ca/content/refugee-health>
- Nova Scotia Health: Newcomer Health Clinic: <https://www.nshealth.ca/content/newcomer-health-clinic>
- Society of Refugee Healthcare Providers' Research, Evaluation and Ethics Committee:
- <https://refugeesociety.org/research-and-ethics-committee/>

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