## Medical Assistance in Dying: Ethical Concerns

Dr. Anne Marie Krueger-Naug, MD, PhD, FRCPC
Assistant Professor, Dalhousie University
Divisions of General Internal Medicine and Palliative Care

## Most Significant Ethical Concern?

- Ethical concerns as an individual (personal), as a physician within my professional "I"
  - Autonomy recognized and respected
  - Informed Access
- Protecting the vulnerable
- Conscientious objection
- Ethical concerns as part of a group (citizen), health care provider "We"
  - Providing Equal Access, providing equal understanding
  - Respecting individual Autonomy, Understanding the person who is the patient
  - Protection of the vulnerable and respect conscientious objection

## Conversation Surprises: personal and professional

- The moral debate regarding whether Medical Assistance in dying "should" be provided as changed to "how it should" be provided.
- General public acceptance of Medical Assistance in Dying
- General public and professional misconceptions regarding the process of providing Medical Assistance in Dying
- Within the medical profession, the fear of being publically identified as a provider of Medical Assistance in Dying


## Approach to ethical deliberation

- What is my personal moral standard
  - Personal reflection
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    What are my personal thoughts and concerns

    What is my view on the value and meaning of life and death

    What is my view on the nature of suffering and the nature of self

    Where do I stand on the moral continuum of respect for autonomy and the sanctity of life
  - \* Where do I stand on the moral continuum of quality of life and sanctity of life
  - How do I understand and demonstrate the principles of beneficence and patient autonomy
  - Does my moral standard include respect for other moral perspectives
- Canadian Medical Association Self-led Online Module on Medical assistance in dying

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    When Darkness Comes: A values clarification guide on euthanasia and assisted suicide for health care professionals

    Understanding perspectives from the patient, the family, the caregivers and the health care team.

    Reflecting on

    personal and professional death and dying experiences, patient autonomy and decision making, competency and comfort with end of life conversations, tam functioning, familial influences on values

    How have my personal and professional experiences changed my perspectives on death and dying what is my understanding of unbearable suffering
  - College of Physicians & Surgeons of Nova Scotia, <u>Professional Standard Regarding Medical Assistance in Dying (2016) www.cpsns.ns.ca</u>
     "the minimum professional and ethical behaviour, conduct or practice expected of physicians licensed with the College"