

Ethics Days, Role Plays, and Forging Connections: Capacity Building in the Rural Context

**Cathie Watson, RN, MHSc
Marika Warren, Ph.D.**

Outline

- Activity: Philip's Story
- Challenges
- Strategies
- Activities
- Discussion
- Next steps

Challenges

- Distance
- Lack of dedicated resources
- Difficulty in accessing resources
- Intimidating subject matter
- Perceived irrelevance
- Lack of ethics community
- Difficulty in getting time away for training

Some Strategies

- Promote telehealth sessions
- Public talks by locals with expertise or experience
- Hold brown bag talks
- Create a disciplinary discussion or interest group
- Create an interdisciplinary discussion or interest group
- Hold Ethics Days or Ethics Weeks
- Stage a play
- Film nights

Addressing Challenges

- Address multiple topics in one day or presentation
- Conduct a survey to generate topics from local population
- Run a variety of different activities addressing a given topic
- Involve as many people and disciplines as possible
- Maximize opportunities for discussion
- Collaborate with others offering training or organizing events
 - HR
 - Leadership

Sample Activities

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|-------------------------------------|----------------------------------|
| •Values clarification exercises | •Short stories, poems, memoirs |
| •Role play participation | •World café |
| •Role play observation | •Case studies (locally relevant) |
| •Readers' theatre | •Panel discussions |
| •Theatrical production | •Article discussions |
| •Clips from TV shows, movies, radio | •Activity based on case or story |
| •TED talks | |

Remaining Challenges

- Distance

No Experts Required

- Training studies show that we retain

- 10% of what we read
- 20% of what we hear
- 30% of what we see
- 50% of what we see and hear
- 70% of what we discuss
- 80% of what we experience
- 95% of what we teach others
 - W. Glasser, 1965

Discussion

Next Steps

- What resources could NSHEN develop to further support increasing ethics capacity in rural districts?

Resources

Detailed activity descriptions and a bibliography will be available on the Ethics Resources page of the NSHEN website at www.nshen.ca
